

The Excellent
VIRTUES and USES
OF THE
GREAT ANTIDOTE
OF
Van Helmont, Paracelsus, and Crollius;
By them called the
Elixir Proprietatis:

Known by all *PHYSICIANS*
To be the greatest *Cordial* and only *Medicine* in the World for long and sound Life :
Restoring Nature even at the Point of Death,
and effectually taking away the Seeds of all Diseases.

Written by *J. H.* a *Lover of Truth;*
And made Publick for the Good of all *PEOPLE.*



LONDON, Printed *Anno Domini*, 1674.

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The True and Excellent
ELIXIR PROPRIETATIS:
 WITH

Its Virtues, and Directions for the Use thereof.

ELIXIR PROPRIETATIS is Compounded of three Excellent materials, as *Myrrh*, *Alloes*, and *Saffron*, *Psalm*. 45. *vers.* 8. 'Tis the Spirit or Essence of these three, whose Virtues by the Learned is much admired, to be both preservers, and restorers of Bodily Health: First, *Myrrh* prevents Infection and Putrifaction: Secondly, *Alloes* purges the Stomach of all cold and flegmatick Humours: Thirdly, *Saffron* chears the Heart, and much revives and quickens the Brain and Senses, and causeth Digestion: *Paracelsus* and *Van Helmont* have of this admirable *Elixir Proprietatis* written very largely in commendation hereof, commending it to be the shield of Nature, to defend her from whatsoever enemies encounters or assaults her. It would fill a Volume to set down the wonderful Operations and Excellent Virtues that are deliver'd by these and other Authors.

Consumption and Coughs.

FOr such who are wasted by lingering *Consumptions*, *Headick Feavers*, and *Coughs*, half a Spoonful taken in a good Glass of old Maliga Sack for 9 or 10 Mornings together, will in that time find both Stomach and Strength restored in a competent measure.

Dropfie and Scurvey.

FOR the *Dropfie* and *Scurvey* the like quantity of half a Spoonful or less taken in half a Pint of Rhinish Worm-wood Wine is a special Remedy, if so taken for 7 Mornings together, Fasting for two hours after, and Walking a Mile or two after it.

Convulsions and Apoplexies in Old and Young.

FOR all manner of *Convulsions*, *Apoplexies*, and *Palsies*, *Pains of the Head*, both for Old or Young, it is the most infallible Cure in the World: The Fountain of which Diseases proceed chiefly from corrupt windy Obstructions that hinder the course of Nature; Those who are Aged 'twixt 30 and 60, may take above half a Spoonful, in half a Pint of Old Maliga Sack, when they perceive the Fit coming, or when they are in it. It has been given to Children of 5 Dayes old, in their *Convulsion Fits*, giving them about 6 or 7 Drops in a Spoonful of Sack, and by so doing, in three or four times they have been perfectly Cured.

For Nurses who give Suck.

THEREFORE I advise all Nurses, who have Children that are inclined to *Convulsions*, or the *Rickets*, never to be without it; and also to take of it themselves, sometimes in a Glass of Sack: And if there be any defects in their Milk, this will remove them.

And in these *Convulsion Fits*, or *Apoplexies*, it may be taken in *Brandy*, or *Annisied Water*, where Sack is wanting.

For the Head-Ach.

FOR those which are troubled with continual *Head-Ach*, which is caused by Obstructions or cold and undigested Matter, that remains in the parts of the Stomach, which will in a few dayes be removed, if you take half a Spoonful or less in a Glas of Sack or Renish.

For Agues.

FOR the *Tertian* or Third day *Ague*, this is an infallible Remedy; and is to be taken in this Disease four times a day, half a Spoonful in a Glas of good Sack, and as soon as they find the Cold Fit coming upon them, to put themselves into a warm Bed; and in thus doing, you shall every time find the Fits to abate, and in eight or nine dayes, following these Directions, it will be perfectly removed.

Small-Pox or Measles.

FOR the *Small Pox* or *Measles*, this is of singular Virtue to drive the Malignances of these Diseases from the Heart and Liver: Let them not neglect it. Take half a Spoonful in a Glas of Sack, 3 times a day, as soon as you perceive this Distemper appear, if the party be near 20; but if a Child, then a quarter of a Spoonful: This will bring the Patient to a Moderate Sweat, and procure rest; for this *Elixir* corroborates and strengthens the Vitals to resist the putrifaction of the Disease, that when they come forth, few or none will ever Pit, or deform the Face, or Body, as Experience hath proved.

For Fits of the Mother, and Windy Distempers of the Spleen.

FOR those that are troubled with *Fits of the Mother*, and Windy Vapours from the *Spleen*, this *Elixir* is an admirable Remedy, the Patient taking half a Spoonful in a Glass of Sack, for five or six Mornings and Evenings together; and also when they are in any Fit, then to take at least a Spoonful; which Spoonful shall operate more than a Gallon of other Physick.

Against the Plague or Pestilence.

Against the *Plague* or *Pestilence*, there never was a more excellent Antidote found out, both for prevention and Cure. In the time of the late dreadful *Plague*, 1665. many of which are now alive, able to give Testimony of their wonderful preservation, by the Blessing of Almighty God, and the use of this admirable *Elixir*, of which every Morning they took, about half a Spoonful in a Glass of Sack, and went about their affairs in the City. Thus they which found themselves to have any Symptoms of the *Plague*, had directions to take a Spoonful at least in a Glass of Sack, or in *Carduus Posset*, and to get into a warm Bed, where by gentle Sweating, the Malignancy of the Disease has been removed, and in doing so three Mornings and Evenings together, have been perfectly well, and able to go abroad.

Against Surfeits.

FOR such as have taken a *Surfeit*, either by over-charging their Stomachs by ill Diet, or bad Wines, and are thereupon taken suddainly very Sick, let them immediately take half a Spoonful of this *Elixir*, in a Glass of good Sack, the which will infallibly so operate in the Stomach, that either by Vomit or by Stool it will speedily remove the cause; but this ever observe, that if the first draught shall cause the Patient to
Vomit,

Vomit, that he do immediately drink another, the which will then so comfort and strengthen the Stomach, that it will soon recover its former Vigor.

Collick, or the Gripping in the Guts.

FOr such as are troubled with the *Collick*, or the *Gripping in the Guts*, it has been experimentally approved, by taking half a Spoonful in a Glass of Sack, both at Morning and Night; 'Twill give ease both upwards and downwards in this Distemper.

Green-Sickness.

FOr young Virgins, who are most subject to the Distemper called the *Green-Sickness*, let them every Morning, for 8 or 9 Mornings together, drink half a Spoonful hereof in Rhinish Worm-wood-Wine, and afterwards to walk 2 or 3 Miles, shall find that it will produce Roses in their Cheeks, in a very few Weeks.

For Women in Child-bed.

THis *Elixir*, hath been often approved to admiration, for a wonderful Cordial for Women in Labour, to whom have been given half a Spoonful in a Glass of Sack, in the height of their pains, the which hath both revived and Strengthened them, and much facilitated and hastened their Delivery.

Many other Excellent Virtues might be truly written, but this may suffice, that many, who have had experience in one or two, and others that have not had any, may be encouraged to the use and benefit thereof; which, through the Blessing of God, will be to their good and well-being.

One quarter of a Spoonful may be effectual in diverse Distempers.

This



This Medicine truly prepared , that neither the heat of the Sun , nor the coldest Frost nor Age can hurt it , is to be had at this Authors House , at the Sign of *John Baptista Van Helmont* in *Crutched-Friers* near great *Tower-hill*, the second door in *Chain Alley*; at Mr. *Horn's* a Book-seller entring into the *Royal-Exchange* ; at Major *Nathaniel Brock's* at the *Angel* in *Corn-hill* ; at Mr. *Hancock's* at the *Three Bibles* in *Popes-Head-Ally* ; at Mr. *Nevil's* at the *Gray-hound* in *St. Paul's Church-yard* ; at Mr *Playford's* Stationer in the *Temple* ; at Mr. *Lound's* Stationer over against *Exeter House* in the *Strand* , at the *Tobacco-Roll* and *Spur* near *Turn-stile Holborn* ; at Mr. *Gavell's* at the *Faulcon* in *Westminster-Hall* ; and Mrs. *Fleming's* at the *Lamb* in *White-chappel* near the Church.

Each Glas contains either One Ounce or Half an Ounce : the price being 5 s. the Ounce, and 2 s. 6d. the Half.



FINIS.

